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For Immediate Release

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Notice regarding an Article by a Monthly Magazine

Fast Fitness Japan, Inc. (the "Company") notes an article in the November edition of Sentaku regarding Privatization of the Company. However, this article was not announced by the Company.

While the Company continually considers various options, including a potential privatization, to enhance corporate value, there is nothing that should be disclosed at this time. The Company will promptly make an announcement if and when it becomes necessary.

End