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Fast Fitness Japan

株式会社 Fast Fitness Japan



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November 14, 2025

For Immediate Release

Company name: Fast Fitness Japan, Inc.
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CEO, Representative Director
(Code number: 7092 TSE Prime Market)
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Notice Regarding Dividends of Surplus (Interim Dividend)

Today, at the meeting of the Board of Directors, Fast Fitness Japan, Inc. (hereinafter, the "Company") resolved to pay dividends of surplus with a record date of September 30, 2025

1. Details of the surplus of dividends

	Determined amount	Most recent dividend forecast (Announced on May 15, 2025)	Annual results for the previous fiscal year (Interim for the fiscal year ending March 2025)
Record date	September 30, 2025	September 30, 2025	September 30, 2024
Dividend per share	20.00 yen	20.00 yen	20.00 yen
Total amount of dividends	375 million yen		374 million yen
Effective date	December 22, 2025	—	December 20, 2024
Source of dividends	Retained earnings	—	Retained earnings

2. Reason

The Company positions the return of profits to shareholders as an important management issue. It intends to stably and continuously pay dividends by limiting the impact of the fluctuation of short-term financial results attributable to active growth investments under the Medium-term Management Plan, while simultaneously seeking to further increase corporate value through the sustainable expansion of its core Anytime Fitness business in Japan, the implementation of growth investments in new growth areas and the reinforcement of the foundations of its business. To this end, the Company's basic dividend policy is to set a consolidated dividend payout ratio of 40% as a dividend guideline and a DOE of 4.5% as the lower limit.

In accordance with the above policy, the interim dividend for the fiscal year ending March 2026 has been set at 20.00 yen per share, consistent with the dividend forecast most recently announced by the Company.

(Reference) Breakdown of Annual Dividends

	Dividend per share		
	End of second quarter	End of fiscal year	Total
Revised forecast this time		25.00 yen	45.00 yen
Current period results	20.00 yen		
Previous period results (FY2024)	20.00 yen	25.00 yen	45.00 yen

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